

Melrose Meadows Independent Living – Spring 2025

	Sun (1:00 p.m.)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
W E E K 1 D I N N E R	<p>Bread Basket Broccoli/Cauliflower Salad Roaster Pork w/ Hot Applesauce Candies Yams Succotash OR Hushpuppy Catfish w/Tartar & Lemon Same Sides Angel Food Cake</p>	<p>Cracker Basket Macaroni Salad Fried Chicken Legs Mashed Potatoes & Gravy Creamed Corn OR Sloppy Joe Sandwich Melon Slice Potato Chips Scotcheroo Bar</p>	<p>Cracker Basket Harvest Lettuce Salad Chimichurri Chicken Thighs on Rice Steamed Broccoli OR Taco Salad w/ Sour Cream, Salsa & Ranch Carrot Cake</p>	<p>Bread Basket Shrimp Cocktail Prime Rib of Beef Baked Potato/Sour Cream Green Beans w/Bacon OR Gumbo Pork Chop Same sides Peach Pie</p>	<p>Cracker Basket Creamy Mushroom Soup Porcupine Meatballs Peas & Pearl Onions Macaroni & Cheese OR Raspberry Grilled Chicken Salad w/ Caramelized Almonds Breadstick Warm Apple Crisp</p>	<p>Cracker Basket Fresh Fruit Plate Baked Orange Roughy w/ Tartar & Lemon Rice Pilaf Stewed Tomatoes OR Sub Sandwich French Fries Pickle Cookie & Ice cream</p>	<p>Cracker Basket Tossed Salad w/ Ranch Chicken Tenders w/ Honey Mustard Sauce French Fries Broccoli OR BBQ Pulled Pork Sandwich Same Sides Strawberry Sundae</p>
W E E K 2 D I N N E R	<p>Bread Basket Fruit Cup Sweet & Sour Meatballs Jasmine Rice Green Beans Or Cold Cashew Chicken Salad Green Beans Tiramisu</p>	<p>Cracker Basket 3 Bean Salad Spaghetti w/ Vodka Sauce Breadstick Grilled Spinach OR Cheeseburger on Bun L,T,O, Pickle French Fries Grilled Spinach Cherry Pie</p>	<p>Cracker Basket Cranberry, Mandarin & Almond Lettuce Salad Chicken Piccata Citrus Lime Rice Cauliflower w/ Cheese Sauce OR Reuben Sandwich Onion Rings Apple Dumpling</p>	<p>Bread Basket Spring Tossed Salad w/ Ranch Dressing Beef Tenderloin Steak Baked Potato/ SC Buttered Corn OR Herb Crusted Cod w/ Tartar & Lemon Same sides Dulce De Leche Cake</p>	<p>Cracker Basket Relish Plate w/ Ranch Cheese Lasagna Garlic Breadstick Harvard Beets OR Louisiana Style Gumbo on Rice Harvard Beets Cookie & IC</p>	<p>Cracker Basket Hot Spinach Dip w/ Chips Honey Orange Salmon w/ Tartar & Lemon Wild Rice Peas OR Beef Hot Dog Chips Melon Berry Trifle</p>	<p>Cracker Basket Tossed Salad Boneless Rib Sandwich Baked Beans Potato Salad OR Cornbread Crusted Catfish Filet w/ tartar & lemon Same Sides Ice Cream Treat</p>

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W E E K 3 D I N N E R	Bread Basket Apple Cranberry Jello Salad Roast Beef Mashed Potatoes & Gravy Roasted Asparagus Or Shrimp & Crab Seafood Salad on Lettuce Roasted Asparagus Melon Cheesecake	Crackers Shrimp Cocktail Chicken Parmesan Buttered Noodles Beets OR Sausage w/ Peppers & Onions Buttered Beets Buttered Noodles Apple Pie	Crackers Fresh Fruit Salad w/ Orange Glaze Asian Beef on Fried Rice Sugar Snap Peas Egg Roll w/ Sauce OR Pork Tenderloin Sand. French Fries L.T.O./ Pickle Cookie & Ice Cream	Bread Basket Farmer's Lettuce Salad Beef Medallions Mashed Yukon Gold Potatoes & Gravy Buttered Asparagus OR Hushpuppy Crusted Catfish w/ Tartar & Lemon Same sides Bananas Foster	Crackers Meat & Cheese Plate Cola Chicken Thighs Vermont Macaroni & Cheese Baby Carrots OR Shepherd's Pie Baby Carrots Cream Puffs	Crackers Apple Waldorf Salad Herb Crusted Tilapia w/ Tartar & Lemon Macaroni & Cheese Steamed Cabbage OR Grilled Cheese Sandwich on Wheat Tomato Soup Pickle Pecan Pie Bars	Crackers Deviled Eggs Meat Lasagna Garlic Bread Green Beans w/ Tomatoes & Onions OR Crispy Cod w/ Tartar & Lemon Same Sides Mint Pie
W E E K 4 D I N N E R	Bread Basket Tomato Cucumber Salad Honey Glazed Ham Baked Sweet Potato Creamed Spinach OR Lemon Butter Chicken Same Sides Dutch Apple Pie	Crackers 7 Layer Lettuce Salad Chicken Chow Mein on Rice Spring Roll/ Sauce Sugar Snap Peas OR Potato Cod w/ Tartar & Lemon Same Sides Strawberry Lemonade Bar	Crackers Crab Rangoon dip w/ Wonton Chips BBQ Pork Chop Buttered Noodles Buttered Broccoli OR Pesto Shrimp Breadstick Buttered Noodles Buttered Broccoli Cheesecake Dessert	Bread Basket Fresh Fruit Plate Beef Tenderloin Steak Twice Baked Potato Casserole Peas & Pearl Onions OR Homestyle Haddock w/ Tartar & Lemon Same sides Lemon Meringue Pie	Crackers Minestrone Soup Maple Dijon Salmon Wild Rice Creamed Peas OR Shredded BBQ Chicken Sandwich Potato Wedges Pickle Hot Fudge Sundae	Crackers Citrus Salad Meatloaf Mashed Potatoes & Gravy Dilled Carrots OR Tuna Salad Croissant Chips Dilled Carrots Brownie	Crackers Tortilla Chips & Queso Smothered Chicken Thighs Rice Pilaf Normandy Vegetables OR Cold Ham & Cheese Sandwich Chips & Pickle Melon Root Beer Float

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